

Roll.No.

24UPCAT2002

SHRIMATHI DEVKUNVAR NANALAL BHATT VAISHNAV COLLEGE FOR WOMEN  
(AUTONOMOUS)

(Affiliated to the University of Madras and Re-accredited with 'A+' Grade by NAAC)

Chromepet, Chennai - 600 044.

B.Sc.Psychology - END SEMESTER EXAMINATIONS - NOVEMBER 2025

SEMESTER - II

**24UPCAT2002 - Introduction to Indian Psychology**

Total Duration : 2 Hrs.30 Mins.

Total Marks : 60

### Section B

Answer any **SIX** questions ( $6 \times 5 = 30$  Marks)

1. Contrast the Eastern and Western approaches to psychology focusing on their view of the mind and self.
2. Explain the functional distinctions among Buddhi, Ahamkara, and Manas in the Indian model of the mind.
3. Summarize the Nyaya school's view on personality and its concept of perception.
4. Describe the nature of consciousness and mind functions according to the Visista Advaita philosophy.
5. Explain the concept of the 'Superconscious state' in Yoga and Vedanta.
6. Briefly explain the historical background and basic aims of Sufism.
7. Describe Gandhi's Nai Talim educational approach and its psychological significance.
8. Outline the Gita-based approaches to organizational behaviour and their applications

### Section C

Answer any **THREE** questions ( $3 \times 10 = 30$  Marks)

9. Compute the fundamental assumptions of Indian Psychology and analyze how they differ from those in Western psychology regarding consciousness and the self.
10. Interpret the Upanishadic perspective on mental functions and higher mental powers, relating them to Yoga practices.
11. Analyze the notions of Self, Ego, and Individuality within the framework of 'Integral Yoga' in terms of the Gunas of Prakriti.

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12. Dissect Jainism's detailed understanding of consciousness, including non-verbal and extra sensory perception.
13. Examine the Thirukkural's approach to life and education and its relevance to contemporary psychological practices.

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