

Roll.No.

21UPCET6002

SHRIMATHI DEVKUNVAR NANALAL BHATT VAISHNAV COLLEGE FOR WOMEN
(AUTONOMOUS)

(Affiliated to the University of Madras and Re-accredited with 'A+' Grade by NAAC)
Chromepet, Chennai - 600 044.

B.Sc.Psychology - END SEMESTER EXAMINATIONS - NOVEMBER 2025
SEMESTER -VI

21UPCET6002 - Guidance and Counselling Psychology

Total Duration : 2 Hrs.30 Mins.

Total Marks : 60

Section B

Answer any **SIX** questions ($6 \times 5 = 30$ Marks)

1. Explain the Need and Functions of Guidance and Counselling.
2. Describe the Emergence of Guidance and Counselling in India.
3. Differentiate Directive and Non-directive Approaches to Counselling.
4. Understand Humanistic Approach to Counselling with examples.
5. Analyze the Importance of Test Interpretation in Counselling.
6. State the Qualities of an Effective Counsellor.
7. Examine on Building Rapport and Empathy.
8. Mention the Role of Counsellors in Fostering Mental Health.

Section C

Answer any **THREE** questions ($3 \times 10 = 30$ Marks)

9. Illustrate Goals and Scope of Guidance; Types of Counselling Services.
10. Enumerate on Counselling Process.
11. Discuss Types of Psychological Tests and its Limitations.
12. Classify the Essential Qualities, Skills and Ethical Responsibilities of a Counsellor.
13. Elaborate on the Special Areas of Counselling with examples.
