

Roll.No.

21UFMCT5010

SHRIMATHI DEVKUNVAR NANALAL BHATT VAISHNAV COLLEGE FOR WOMEN  
(AUTONOMOUS)

(Affiliated to the University of Madras and Re-accredited with 'A+' Grade by NAAC)  
Chromepet, Chennai - 600 044.

B.Sc. NFSMD - END SEMESTER EXAMINATIONS - NOVEMBER 2025  
SEMESTER - V

**21UFMCT5010 - Community Nutrition**

Total Duration : 2 Hrs.30 Mins.

Total Marks : 60

### Section B

Answer any **SIX** questions ( $6 \times 5 = 30$  Marks)

1. Explain food fortification and enrichment with examples.
2. Brief on indirect assessment methods.
3. Analyze the strengths and weaknesses of audio-visual aids compared to traditional methods.
4. Illustrate how protein deficiency can make an individual more susceptible to infections.
5. Explain the major groups at risk of malnutrition and the reasons for their vulnerability.
6. Relate the efforts of SNP in the reduction of malnutrition in rural communities.
7. Explain how you would deliver a lecture on balanced diets to adolescents.
8. Assess which nutrient deficiencies most significantly compromise immunity and justify it.

### Section C

Answer any **THREE** questions ( $3 \times 10 = 30$  Marks)

9. Classify the types of malnutrition with suitable example.
10. Classify the different types of direct nutritional assessment methods with examples.
11. Infer on the impact of the Mid-Day Meal Programme on school attendance and nutritional status of children.
12. Classify various methods of nutrition education based on their effectiveness in influencing dietary behavior.
13. Weigh the advantages and limitations of early versus delayed immunization strategies in children.

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