

Roll.No.

20UNDET6003

SHRIMATHI DEVKUNVAR NANALAL BHATT VAISHNAV COLLEGE FOR WOMEN
(AUTONOMOUS)

(Affiliated to the University of Madras and Re-accredited with 'A+' Grade by NAAC)
Chromepet, Chennai - 600 044.

B.Sc. CND - END SEMESTER EXAMINATIONS - NOVEMBER 2025
SEMESTER - VI

20UNDET6003 - Diet Counselling Techniques and Practice with Internship

Total Duration : 2 Hrs.30 Mins.

Total Marks : 60

Section B

Answer any **SIX** questions ($6 \times 5 = 30$ Marks)

1. Explain role of evaluation in patient care.
2. How does Patient profile determine nutritional counselling of patients.
3. Explain the use of computers by dietitian in dietary computation.
4. Explain the skills and attributes which are essential to a nutrition education counsellor.
5. List and explain the factors which are assessed while obtaining the Medical History of a patient.
6. Write about cognitive behavior therapy
7. Discuss about the dietary management of hypertension.
8. Explain the role of computer in administration of dietary department.

Section C

Answer any **THREE** questions ($3 \times 10 = 30$ Marks)

9. Describe the different types methods adopted to obtain data on dietary intake and nutrition history
10. Analyse the role of teaching aids used by dietitians.
11. Enlist and explain the factors to be considered while providing dietary guidance.
12. Explain the usage of computers in education/ training, and for storage of information
13. Evaluate the strategies used during Counselling for change in behaviour of a patient.
