

Roll.No.

22PCPCT3007

SHRIMATHI DEVKUNVAR NANALAL BHATT VAISHNAV COLLEGE FOR WOMEN  
(AUTONOMOUS)

(Affiliated to the University of Madras and Re-accredited with 'A+' Grade by NAAC)  
Chromepet, Chennai - 600 044.

M.Sc.Counselling Psychology - END SEMESTER EXAMINATIONS - NOVEMBER 2025  
SEMESTER - III

**22PCPCT3007- Marital and Family Therapy**

Total Duration : 2 Hrs. 30 Mins.

Total Marks : 60

### **Section B**

Answer any **SIX** questions ( $6 \times 5 = 30$  Marks)

1. What is the definition of family? Discuss the changing trends in family structure in India.
2. Explain the various types of families found in Indian society and their characteristics.
3. Define and discuss the importance of power and gender roles in family dynamics.
4. Analyze the impact of chronic illness on family dynamics and coping strategies.
5. Describe the role of genograms in assessing family interactions. Provide examples of how this tool can be utilized in family counseling.
6. Discuss the Circular Interview Method and its relevance in assessing family dynamics.
7. What are the empirical foundations of family therapy? Discuss its implications for practice.
8. Compare and contrast different modalities of family therapy, emphasizing the role of Couple Therapy and Group Family Therapy.

### **Section C**

I - Answer any **TWO** questions ( $2 \times 10 = 20$  Marks)

9. Evaluate the laws and policies surrounding Marriage and Divorce in India. Discuss how family courts play a role in this context.
10. Critically assess the development of behavior disorders within family dynamics and the goals for behavior change.
11. Discuss recent developments in family counseling, focusing on Solution-Focused Therapy and Narrative Therapy. How do these approaches differ from traditional methodologies?

**Contd...**

12. Discuss the factors contributing to good marital adjustment and the importance of interspouse relationships.

II - Compulsory question (1 × 10 = 10 Marks)

13. Explain the concept of symptom-focused treatments in family therapy. Discuss the model provided by Virginia Satir and its effectiveness in therapy sessions.

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