

Roll.No.

24PPBET1B01

SHRIMATHI DEVKUNVAR NANALAL BHATT VAISHNAV COLLEGE FOR WOMEN
(AUTONOMOUS)

(Affiliated to the University of Madras and Re-accredited with 'A+' Grade by NAAC)
Chromepet, Chennai - 600 044.

M.Sc. PBPBT - END SEMESTER EXAMINATIONS - NOVEMBER 2025
SEMESTER - I

24PPBET1B01- Herbal Medicine

Total Duration : 1 Hrs.30 Mins.

Total Marks : 40

Section B

Answer any **TEN** questions (10 × 2 = 20 Marks)

1. Explain how botanicals help in managing GERD symptoms.
2. How did ancient medical civilizations influence traditional herbal medicine in the Middle East?
3. What is the purpose of using a diffuser with essential oils?
4. What is a botanical preparation?
5. Define Clinical Aromatherapy?
6. List the primary goal of complementary medicine in the context of cancer care?
7. What are adaptogens?
8. Write any two therapeutic properties of sweet orange oil?
9. What is phototoxicity in essential oils?
10. State the main goals of the collaboration between ARTOI and Italian cuisine chefs.
11. Define Palliative care. Is palliative care limited only to end-stage cancer patients.
12. What could be the possible outcomes if a cold virus mutates into an influenza virus.

Section C

Answer any **FOUR** questions (4 × 5 = 20 Marks)

13. Interpret how certain factors contribute to skin reactions caused by essential oils.
14. Compare and contrast alternative medicine and integrative medicine in the context of cancer treatment.
15. Examine the possible consequences on stress regulation in the absence of adaptogens.

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16. Illustrate how the combination of essential oils promotes relaxation.
17. Explain the concept of yin and yang in Traditional Chinese Medicine (TCM) and how it relates to the treatment of patients undergoing chemotherapy.
18. Apply your understanding of botanicals to explain their role in promoting mental health
