

Roll.No.

24PSWET1B01

SHRIMATHI DEVKUNVAR NANALAL BHATT VAISHNAV COLLEGE FOR WOMEN
(AUTONOMOUS)

(Affiliated to the University of Madras and Re-accredited with 'A+' Grade by NAAC)
Chromepet, Chennai - 600 044.

M.S.W.- END SEMESTER EXAMINATIONS - NOVEMBER 2025

SEMESTER - I

24PSWET1B01 - Psychology and its Domain

Total Duration : 1 Hrs.30 Mins.

Total Marks : 40

Section B

Answer any **TEN** questions (10 × 2 = 20 Marks)

1. Illustrate Positive Emotion with two examples.
2. Define resilience.
3. Describe Positivity ratio.
4. What is Positivity resonance?
5. Explain how are social connections tied to health outcomes.
6. Interpret how effects of positive emotions extend beyond the individual.
7. List three key figures or schools of thought introduced in the history of psychology.
8. Why might understanding the brain be useful even for social or developmental psychologists?
9. Explain the difference between sensation and perception.
10. What is one example of learning in a psychological context?
11. What is one key difference between short-term and long-term memory?
12. Explain one major mental disorder with its therapeutic intervention.

Section C

Answer any **FOUR** questions (4 × 5 = 20 Marks)

13. Describe with examples how cultivating positive emotions contributes to resilience and overall well-being.
14. Apply real-life or research-based examples to explain how "building personal resources" through positivity can create upward spirals of growth.
15. Critically analyze why the pursuit of happiness can sometimes backfire. What strategies does positive psychology propose to balance this pursuit effectively?
16. Explain how the evolution of psychology from philosophy to science shaped modern approaches to studying behavior and mental processes.

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17. Examine Classical Conditioning and Operant Conditioning in terms of principles, processes, and applications.
18. Classify the Big Five model of personality and discuss how personality assessment can be applied in workplace settings.
