

SHRIMATHI DEVKUNVAR NANALAL BHATT VAISHNAV COLLEGE FOR WOMEN  
(AUTONOMOUS)

(Affiliated to the University of Madras and Re-accredited with 'A+' Grade by NAAC)

Chromepet, Chennai - 600 044.

B.Sc.Psychology - END SEMESTER EXAMINATIONS - APRIL 2025

SEMESTER - VI

**21UPCET6002 - Guidance and Counselling Psychology**

Total Duration : 2 Hrs.30 Mins.

Total Marks : 60

### **Section B**

Answer any **SIX** questions ( $6 \times 5 = 30$  Marks)

1. Discuss the need and functions of guidance and counselling.
2. Explain the humanistic approach to counselling.
3. Discuss the nature of a good psychological test.
4. Describe the skills required for building rapport in counselling.
5. Examine the role of career counselling in adolescent development.
6. Explain the steps involved in the counselling process.
7. Discuss the ethical responsibilities of a counsellor in maintaining confidentiality.
8. Analyze the challenges faced by marriage counsellors and recommend strategies to overcome them.

### **Section C**

Answer any **THREE** questions ( $3 \times 10 = 30$  Marks)

9. Discuss the scope and goals of guidance and importance of counselling in India.
10. Compare and contrast the directive and non-directive approaches to counselling. Explain the key principles of each.
11. Evaluate the uses of psychological tests in guidance and counselling. How can a counsellor interpret test results effectively while considering their limitations ?
12. Examine the qualities and skills necessary for an effective counsellor.
13. Critically evaluate the role of counselling in fostering good mental health among adolescents.

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