

SHRIMATHI DEVKUNVAR NANALAL BHATT VAISHNAV COLLEGE FOR WOMEN  
(AUTONOMOUS)

(Affiliated to the University of Madras and Re-accredited with 'A+' Grade by NAAC)  
Chromepet, Chennai - 600 044.

B.Sc.Psychology - END SEMESTER EXAMINATIONS - APRIL 2025  
SEMESTER - V

**21UPCCT5007 - Abnormal Psychology - I**

Total Duration : 2 Hrs.30 Mins.

Total Marks : 60

**Section B**

Answer any **SIX** questions ( $6 \times 5 = 30$  Marks)

1. Define abnormal behavior and mention any two criteria used to determine abnormality.
2. A teenager frequently violates rules, lies, and displays aggression-how would you determine if they have Conduct Disorder.
3. Suggest relaxation techniques for a person experiencing panic attacks.
4. List three common causes of Functional Neurological Disorder (Conversion Disorder).
5. How does the existential model explain mental illness?
6. Elucidate the cognitive and behavioural characteristics of autism spectrum disorder.
7. How can cognitive-behavioural therapy (CBT) be applied to treat obsessive-compulsive disorder?
8. Critique the effectiveness of psychodynamic therapy in treating Somatic Symptom Disorders.

**Section C**

Answer any **THREE** questions ( $3 \times 10 = 30$  Marks)

9. Discuss the historical perspectives of abnormal behavior from ancient times to modern-day psychological approaches.
10. Compare and contrast the psychodynamic and behavioural models in explaining abnormal behavior.
11. Evaluate the role of early intervention in preventing severe outcomes in Neurocognitive Disorders.
12. Elaborate how do environmental and genetic factors interact in the development of PTSD?
13. Design a public awareness campaign to reduce stigma around Dissociative Disorders.

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