

SHRIMATHI DEVKUNVAR NANALAL BHATT VAISHNAV COLLEGE FOR WOMEN
(AUTONOMOUS)

(Affiliated to the University of Madras and Re-accredited with 'A+' Grade by NAAC)

Chromepet, Chennai - 600 044.

B.Sc.CND - END SEMESTER EXAMINATIONS - APRIL 2025

SEMESTER - VI

24UNDET6A03 - Diet Counselling - Techniques and Practice with Internship

Total Duration : 2 Hrs.30 Mins.

Total Marks : 60

Section B

Answer any **SIX** questions ($6 \times 5 = 30$ Marks)

1. Enumerate the details to be checked in case file for assessment.
2. What is medical record ? Explain its types and purpose.
3. Illustrate the roles and responsibilities of Dietician.
4. What is hypertension ? What are the components to be included in teaching material for hypertensive patients ?
5. Explain on the code of ethics to be followed by dieticians.
6. Describe the counselling approaches for resistant behaviour patients after assessment.
7. Explain the skills and attributes required for nutrition counsellor.
8. Discuss the use of computers for nutrition education.

Section C

Answer any **THREE** questions ($3 \times 10 = 30$ Marks)

9. Elaborate on various dietary intake assessment methods.
10. Discuss on different teaching aids used by dieticians for counselling.
11. Explain the factors affecting individual food choice.
12. Describe the process and factors to be considered for group counselling.
13. Suggest measures how dieticians could utilise computers effectively in their profession.
