

SHRIMATHI DEVKUNVAR NANALAL BHATT VAISHNAV COLLEGE FOR WOMEN
(AUTONOMOUS)

(Affiliated to the University of Madras and Re-accredited with 'A+' Grade by NAAC)
Chromepet, Chennai - 600 044.

M.S.W. - END SEMESTER EXAMINATIONS - APRIL 2025

SEMESTER - II

24PSWET2B02 - Art of Counselling

Total Duration : 1 Hrs.30 Mins.

Total Marks : 40

Section B

Answer any **TEN** questions (10 × 2 = 20 Marks)

1. List three ways relationships impact wellness.
2. Describe how cultural literacy enhances communication effectiveness.
3. Illustrate how power imbalance can affect relationship dynamics.
4. List three ways technology influences personal transformation.
5. Identify two key elements of social exchange theory.
6. Interpret the role of signifying acts in interpersonal interactions.
7. Classify different types of intimacy and their significance in relationships.
8. Define self-preservation in the context of coping strategies.
9. Explain intrinsic and extrinsic needs with an example.
10. State the meaning of "The One" myth in relationships.
11. Describe the impact of aging on social relationships.
12. Interpret the role of compatibility in maintaining a successful relationship.

Section C

Answer any **FOUR** questions (4 × 5 = 20 Marks)

13. Illustrate the capacity to deal with differences using a real-life example.
14. Predict how first impressions influence long-term relationship dynamics.
15. Distinguish between emotional work and emotional regulation in managing relationships.
16. Relate the fear of commitment to common relationship challenges.
17. Infer how mismatched N3C can lead to communication breakdowns.
18. Compute the impact of aging on emotional resilience and adaptability.
