

SHRIMATHI DEVKUNVAR NANALAL BHATT VAISHNAV COLLEGE FOR WOMEN
(AUTONOMOUS)

(Affiliated to the University of Madras and Re-accredited with 'A+' Grade by NAAC)

Chromepet, Chennai — 600 044.

B.Sc.(CND) END SEMESTER EXAMINATIONS NOVEMBER -2023

SEMESTER - III

20UNDCT3004 - Nutrition Through Life Cycle

Total Duration : 2 Hrs 30 Mins.

Total Marks : 60

Section B

Answer any **SIX** questions ($6 \times 5 = 30$ Marks)

1. Discuss about basic five food groups.
2. Write a brief note on food guide Pyramid and food plate.
3. Outline the complication of Pregnancy.
4. Describe about the breast feeding and its advantages.
5. Illustrate the nutritional requirement and feeding problems of school going children.
6. Explain the factors affecting food intake during old age.
7. Bring out the nutritional deficiencies in early childhood.
8. Summarize the growth and development seen in adolescence.

Section C

Answer any **THREE** questions ($3 \times 10 = 30$ Marks)

9. Compute the steps involved in planning a diet.
10. Point out the nutritional requirements during lactation.
11. "Weaning is an important factor during infancy" - Justify.
12. Explain about the nutritional problems of adolescence.
13. Predict the physiological changes in ageing.

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